

Don't let stress control your life!

Feeling better is just one massage away!

Testimonials



Book your event today!

We come to you!

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What is chair massage

Chair massage is a short , seated type of body work in which the client remains fully clothed .The massage targets mainly the neck, shoulders, back, head and upper limbs, areas that are directly affected by prolonged incorrect positions at desks or by repetitive movements (in production departments for example). An effective full chair massage can be done in as little as 15 minutes , just a coffee break !

Benefits

- Calms the nervous system
- Boosts energy alertness & productivity
- Increase circulation
- Relieves Muscle Tension
- Relax & Rejuvenates Mind/Body
- Relieves Emotional Stress
- Enhances Health & Well Being

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ON-SITE CHAIR MASSAGE

Motivate employees to be their best! Celebrate a special event! Thank clients in a unique way!



ON-SITE CHAIR MASSAGE

- No investments are required from the client companies. We provide the full logistics for the office massage sessions.
- There is no need for a dedicated space for this activity. We can easily transform any office into a relaxation room and at the end of the program we can rearrange it to the initial form.
- A massage session takes only 15-20 minutes, the equivalent of a lunch or a coffee break, but with a much valuable outcome.
- Bellamia provides an on-line platform for scheduling the massage sessions, easing the entire process at the client side.
- The whole procedure is very simple: the therapist comes to the client company with a special massage chair; the client sits on this chair in a comfortable position without taking off the clothes.
- The regular massage at the working place : increases the performance and efficiency of employees ; decrease absenteeism , increase employee morale , increase productivity

Benefits for companies